

# "Just The FACTS"

**SBCCD Police & Emergency Management News**



**POLICE**

Pierre Galvez, Chief of Police

July 13, 2017

Volume 3, Issue 25

## Campus Alerts

### Escort Services:

At night the SBCCD PD is here to help you get to your car safely. If you need an escort call us at :

#### CAMPUS ALERTS

##### SBVC & CHC

##### Parking Controls BP/AP 6750 (F) (5)

Parking stalls marked "visitor" are solely for visitors and may be governed by time limits. Students and employees are prohibited from parking in these stalls.

##### SBVC Campus Resources

###### Campus Police

- Located in Campus Center RM 100
- Non-Emergency Phone Number (909) 384-4491

###### Student Health Services

- NW Corner of parking Lot #8 behind Football Field
- Appointments & Questions (909) 384-4495

Click the link below for more Campus Resources  
[www.valleycollege.edu](http://www.valleycollege.edu)

##### IN CASE OF EMERGENCY DIAL 911

##### CHC Campus Resources

###### Campus Police

- Located in LADM RM 153
- Non-Emergency Phone Number (909) 389-3275

###### Health & Wellness Center

- SSB RM 101
- Appointments & Questions (909) 389-3272

Click the link below for more Campus Resources  
[www.valleycollege.edu](http://www.valleycollege.edu)

##### IN CASE OF EMERGENCY DIAL 911

SBCCD Police Dispatch is available Monday-Friday from 7:00 am-10:00 pm. After 10:00 pm and on weekends, our phones are transferred to the San Bernardino County Sheriff's Department who dispatch SBCCD Officers to calls.

For daily incidents reports and other crime information, go to the Police Web site:  
<http://sbccd.org/police>

#### MISSION STATEMENT

The SBCCD Police Department, in concert with the Board of Trustees, is committed to providing a safe and secure learning and working environment for all students and employees. This will be accomplished through a cooperative and coordinated effort involving all departments and the SBCCD employees, law enforcement agencies and community.

## What to Do If You Have a Problem with Drugs

If you can't stop taking a drug even if you want to, or if the urge to use drugs is too strong to control, even if you know the drug is causing harm, you might be addicted. Here are some questions to ask yourself:

1. Do you think about drugs a lot?
2. Did you ever try to stop or cut down on your drug usage but couldn't?
3. Have you ever thought you couldn't fit in or have a good time without the use of drugs?
4. Do you ever use drugs because you are upset or angry at other people?
5. Have you ever used a drug without knowing what it was or what it would do to you?
6. Have you ever taken one drug to get over the effects of another?
7. Have you ever made mistakes at a job or at school because you were using drugs?
8. Does the thought of running out of drugs really scare you?
9. Have you ever stolen drugs or stolen to pay for drugs?
10. Have you ever been arrested or in the hospital because of your drug use?
11. Have you ever overdosed on drugs?
12. Has using drugs hurt your relationships with other people?

If the answer to some or all of these questions is yes, you might have an addiction. People from all backgrounds can get an addiction.

Asking for help is the first important step. Visiting your doctor for a possible referral to treatment is one way to do it. You can ask if he or she is comfortable discussing drug abuse screening and treatment. If not, ask for a referral to another doctor. You can also contact an addiction specialist.



# CHC

[illegible]

# EDCT

[illegible]

# SBVC

[illegible]